

APRIL IS NATIONAL AUTISM MONTH



Autism is a spectrum disorder which can cause mild to severe problems. Autism is normally diagnosed in the first 3 years of life. Every person with autism exhibits different behaviors such as problems with communication and social skills but these may not be exhibited in the same way for each person. Some autistic people will focus on one thing, some may do things over and over again while others may object to changes in diet or daily living schedule.

Signs of autism are not wanting to eat different foods or needing help with fine and gross motor skills, like writing and running. Many times people with autism have problems following directions, understanding and using words, having conversations and learning to read and write. A person with autism may repeat words they have just heard or heard days or weeks earlier, sound robotic or talk in a singsong voice or have tantrums instead of conveying their wishes to you. Some may talk well but not be able to make friends and others not talk at all.

Many autistic people have problems relating to other people. It may be hard for them to focus with someone on the same object or event, play with others or share toys, understand how others feel or make and keep friends. They may also have trouble changing from one activity to the next, get upset at certain sounds, like only certain foods or have an interest in only a few

things, such as talking about one subject or staring at one toy.

Autism may be caused by genetic problems or syndromes, severe infections that can cause brain damage, such as meningitis and encephalitis, or from problems during the mother's pregnancy. Also, in some, the cause of the autism may never be determined.

Many things go into testing for autism. When first being diagnosed, the person may see their physician, a neurologist, a physical and occupational therapist, developmental specialist and many other doctors. A speech and language specialist may discover the autism, since they may be the first person seen for speech or language developmental issues.

There is no cure for autism. Since autism is normally diagnosed at a young age, the earlier treatment is started, the better. Check into local early intervention programs and pre-school programs. These programs

can help your child at home and then at school. A Speech and Language Pathologist can help in many ways, from language to social skills. They also help those who can't talk at all.

If you know someone who shows any of these signs or you suspect they may have autism, contact your physician or call Sabetha Family Practice at 785-284-2141 for an appointment. Early intervention is important.



LOOKING TO BE A VOLUNTEER?

Nemaha County Home Health and Hospice

will be offering to the public, a training for becoming a hospice volunteer. The training will be held on Tuesday, April 10, 2018, beginning at 10:00 a.m. in the 2nd floor conference room of the hospital. Please contact Debby Thompson at 785-284-1527 if you are interested or have questions regarding this training.

*Please sign up by
Friday April 6, 2018.*

MEDICAL STAFF

Kevin Kennally, MD
Gregg Wenger, MD
James Longabaugh, DO
Kerstin Glynn, MD
Christian Tramp, MD
Sheri Wessel, PA



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OUTPATIENT SERVICES

S	M	T	W	T	F	S
1 <i>Happy Easter</i>	2 Ophthalmology Randall Kresie, MD Surgery Rod Warren, MD	3 Orthopedics Jake Deister, MD Gastroenterology Balaji Datti, MD Registered Dietician Ann Wassenberg, RDN, LD Diabetic Education Lori Menold, RN, CDE Kanza Mental Health	4 Nephrology Karen Solcher, APRN Cardiology Craig Gernon, MD Ophthalmology Randall Kresie, MD Surgery Gary Sinning, MD MRI	5	6 MRI	7
8	9 Surgery Rod Warren, MD	10 Urology Alfredo Illoreta, MD Registered Dietician Ann Wassenberg, RDN, LD Diabetic Education Lori Menold, RN, CDE Diabetic Support Group, 12:00 P.M. Nuclear Treadmill Test Kanza Mental Health	11 Podiatry Steve Sitek, DPM Surgery Gary Sinning, MD MRI	12 Oncology David Einspahr, MD Pain Management Guy Giroux, MD Orthopedics Michael McCoy, MD	13 Ear, Nose & Throat Douglas Barnes, MD Mel Setter, PA Audiology MRI	14
15	16 Nephrology Keelyn Ericson, MD Surgery Rod Warren, MD Sabetha Hospital Guild Sabetha EMS Building 12:00 p.m.	17 OB/GYN Jeffrey Teply, MD Orthopedics Joseph Mumford, MD Urology Kristopher Carlson, MD Registered Dietician Ann Wassenberg, RDN, LD Diabetic Education Lori Menold, RD, CDE Kanza Mental Health	18 Surgery Gary Sinning, MD Cardiology Arnold Graham, MD MRI	19 Allergy Allen Kossoy, MD Neurology Abra Woolard, APRN Orthopedics Michael McCoy, MD	20 Cardiology Kevin Bernd, DO MRI	21
22	23 Oncology Andrew Meyer, MD Surgery Rod Warren, MD	24 Pulmonology Vlad Dimitriu, MD Michelle Warren, APRN Cardiology Thomas Doyle, MD Audiology Nuclear Treadmill Test Diabetic Education Lori Menold, RN, CDE Kanza Mental Health	25 Podiatry Steven Sitek, DPM Surgery Gary Sinning, MD MRI	26 Pain Management Guy Giroux, MD Orthopedics Michael McCoy, MD	27 Nephrology Lakshmi Duvvur, MD Urology Brad Rupp, MD Dermatology Megan Bartlett, PA MRI	28
29	30 Surgery Rod Warren, MD	31	Occupational Therapy Mon.-Fri. Cynthia Hill, OTR Surgical Clinic By Appt. Rod Warren, MD Gary Sinning, MD	Speech Pathology Mon.-Fri. RESTORE Cardiac Rehab Diane Schoening, RN Jenny Meyer, RN	Digital Mammography By Appointment Physical Therapy Mon.-Fri. 8 a.m.-5 p.m. John Sheeran, PT David Thompson, PT FCCWS Michelle Tedman, DPT	Diabetic Education call SCH Outpatient Dept. for information Lori Menold, RN, CDE Dietary Consultations call SCH Dietary Dept. for information Ann Wassenberg RDN, LD

For more information call 785-284-2121