

NATIONAL BLOOD DONOR MONTH



January is National Blood Donor month.

Here are a few facts about blood supply and donating.

BLOOD SUPPLY FACTS:

- Every 2 seconds someone in the United States needs blood
- Approximately 3600 units of blood, 7000 units of platelets and 10000 units of plasma are needed daily. Nearly 21 million blood components are transfused per year.
- Most often used blood type is O.
- A single car accident can require as many as 100 units of blood.

FACTS ABOUT DONATING:

- Donating blood is a safe procedure.
- Donating is a simple 4 step process that includes registering, medical history and mini physical, donating and refreshments.
- All donors have their temperature, blood pressure, pulse and hemoglobin checked to make sure it is safe to give.
- The actual donation time usually takes between 10 – 20 minutes. Total time for donating is around 1 hour and 15 minutes.

- The average adult has 10 pints of blood. Approximately 1 pint is taken during a donation. A healthy donor may donate red blood cells every 56 days.
- All blood is tested for HIV and other diseases before it is released to the hospital.

FACTS ABOUT BLOOD:

- A single donation can actually help more than 1 person.
- Most donated cells must be used within 42 days of collection.
- Donated platelets must be used within 5 days.

FACTS ABOUT DONORS

- The #1 reason for giving is “wanting to help others.”
- Two common reasons people don’t give is, “I don’t think about it.” and “I don’t like needles.”
- Only 7% of the people in the United States have Type O Negative. These people are Universal Donors.
- Their blood can be used with all types of blood. It is often used in emergencies before the proper blood type is known.
- Only 3% of people are AB positive. This blood type is the universal blood type for plasma. AB positive is often used in emergencies or when someone requires a massive transfusion.



Local Blood Drives

In 2002, Sabetha Community Hospital began contracting with the Community Blood Center for blood and blood products. Through this relationship, Community Blood Center blood mobiles began providing the local community blood drives.

With the help of the Sabetha Hospital Guild, 6 blood drives a year are sponsored in the community. The blood drives are held at Sabetha City Hall with hours from 11:00 a.m. to 5:00 p.m. Appointments are accepted and are encouraged to help make your wait shorter but walk-ins are always welcome.

Blood donations have decreased across the country as a whole. Sabetha has been able to keep their numbers up due to the generous people that donate, and the hard work of Lyla Edelman, Blood Mobile Chairperson, and her committee. In 2016, the average donation for the drives was 88 units. In 2017, it was a little lower at 73 units per drive.

Blood is always in demand so the generosity of this community is greatly appreciated, and we ask that you continue to GIVE. If you have questions regarding donating blood, please contact the Community Blood Center at 816-753-4040 or the website at savealifenow.org. If you don’t receive the answer you need, you may call Sabetha Community Hospital Lab at 785-284-1530 and they will help you the best they can.

MEDICAL STAFF

Kevin Kennally, MD
Gregg Wenger, MD
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(785) 284-2121 • www.sabethahospital.com

**The Next Blood Drive is
Tuesday, January 23rd**

JANUARY



2018

SABETHA COMMUNITY HOSPITAL

OUTPATIENT SERVICES

S	M	T	W	T	F	S
	1 <i>Happy NEW YEAR</i>	2 Orthopedics Jake Deister, MD Diabetic Education Lori Menold, RN CDE Kanza Mental Health	3 OB/GYN Jeffrey Teply, MD Surgery Gary Sinning, MD MRI	4 Podiatry Steven Sitek, DPM	5 MRI	6
7	8 Surgery Rod Warren, MD Prenatal Class 6:00 p.m. – 9:00 p.m.	9 Alfredo Iloreta, MD Nuclear Treadmill Test Diabetic Education Lori Menold, RN CDE Kanza Mental Health	10 Podiatry Steven Sitek, DPM Nephrology Karen Solcher, APRN Surgery Gary Sinning, MD MRI	11 Oncology David Einspahr, MD Pain Management Guy Giroux, MD Orthopedics Michael McCoy, MD Prenatal Class 6:00 p.m. – 9:00 p.m.	12 Ear, Nose & Throat Douglas Barnes, MD Mel Setter, PA Audiology MRI	13
14	15 Nephrology Keelyn Ericson, MD Surgery Rod Warren, MD	16 Orthopedics Joseph Mumford, MD Cardiology Thomas Doyle, MD Diabetic Education Lori Menold, RN CDE Kanza Mental Health	17 Pulmonology Vlad Dimitriu, MD Surgery Gary Sinning, MD MRI	18 Allergy Allen Kossoy, DO Neurology Abra Woolard, APRN Orthopedics Michael McCoy, MD	19 MRI	20
21	22 Cardiology Kevin Bernd, DO Surgery Rod Warren, MD Oncology Andrew Meyer, MD Sabetha Hospital Guild 12:00 p.m. EMS Building	23 Cardiology Craig Gernon, MD Audiology Nuclear Treadmill Test Kanza Mental Health Diabetic Education Lori Menold, RN CDE	24 Podiatry Steven Sitek, DPM Cardiology Arnold Graham, MD Surgery Gary Sinning, MD MRI	25 Pain Management Guy Giroux, MD Orthopedics Michael McCoy, MD	26 Nephrology Lakshmi Duvvur, MD Urology Brad Rupp, MD Dermatology Megan Bartlett, PA MRI	27
28	29 Surgery Rod Warren, MD	31 Surgery Gary Sinning, MD Cardiology Thomas Doyle, MD Kanza Mental Health	Occupational Therapy Mon.-Fri. Cynthia Hill, OTR Surgical Clinic By Appt. Rod Warren, MD Gary Sinning, MD	Speech Pathology Mon.-Fri. RESTORE Cardiac Rehab Diane Schoening, RN Jenny Meyer, RN	Digital Mammography By Appointment Physical Therapy Mon.-Fri. 8 a.m.-5 p.m. John Sheeran, PT David Thompson, PT FCCWS Michelle Tedman, DPT	Diabetic Education call SCH Outpatient Dept. for information Lori Menold, RN, CDE Dietary Consultations call SCH Dietary Dept. for information Holly Kuckelman, RDN LD

For more information call 785-284-2121